

TRAVEL COSTS

The members of the pilgrimage to Bungoma will incur the following expenses:

AIR TRAVEL:	\$1,750.00
FOOD, LODGING & IN COUNTRY TRAVEL:	\$ 600.00
PASSPORT, VISA & IMMUNIZATIONS:	\$ 400.00
*TOTAL ESTIMATE	\$2,750.00

*Final cost may vary slightly according to circumstances.



Africa, why Africa?
Africa is on the mouth
every day.
Africa is crying every day.
Why Africa?
Africa, O Africa, our land
of Africa.
What should we do?

-- selection from a poem
by Alberto Bisaso



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2011 Pilgrimage to Bungoma, Kenya

May 17 - June 8

Prayerfully consider -

Are *YOU* called to serve?

Are *YOU* called to be an
expression of the saving
Love of God?



The Sister Parish Covenant states in part: "Together we will work toward an exchange program to help parishioners experience each others customs and way of life." Our Mission statement says, "We will strive to foster solidarity between our brothers and sisters."

On May 17 we will make our second pilgrimage and begin this life changing adventure. By immersing ourselves in our Sister/Parish faith community, we shall learn from each other the way we live out our call to be Christians. We are planning to work on projects which will impact and improve their lives. But we should keep in mind that as we do so we need to 'take off our shoes', for we will be standing in a holy place; Else we may find ourselves treading on people's dreams. More serious still, we may forget that God was there before our arrival.

Upon our return we shall share what we have experienced with our fellow parishioners and our wider community. Prior to departing we will have monthly learning sessions about Kenyan culture, history, geography, and some simple Swahili phrases. We will also explore the history of the Catholic Church in Kenya.

We invite you to prayerfully consider becoming a member of this life changing pilgrimage to Bungoma, Kenya.

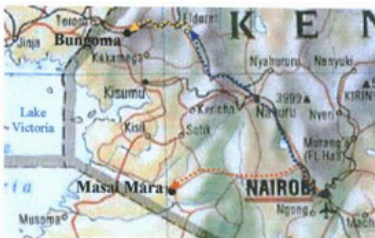
ITINERARY

We will leave Seattle on May 17 and fly to Nairobi, Kenya arriving on May 18. We will be staying at the Carmelite Monastery in Nairobi. We will visit Kibera, the third largest slum in the world, and learn what abject poverty is first hand.

We will then travel to the Masai Mara Game Refuge to see the amazing wildlife of this world renowned Savanna. We will stay 2 nights and 1 day, and then return to Nairobi for our flight to Kisumu. The following day we will fly to Kisumu, and then proceed to Bungoma to meet our Kenyan brothers and sisters. While there we will visit Christ the King Cathedral Academy and some of the sub parishes of Christ the King Cathedral. We will also meet some of the students we have supported thru the Adopt-A-Student Project. We will also see the progress made on the Solidarity microfinance projects we have supported.

While there we will work with our new friends on various projects. Every effort will be made to match up your skills with our partners' needs. There will be a need for a wide variety of skills.

We will leave Bungoma on June 7, arriving home on June 8.



Some Facts about Kenya, Bungoma, and the Diocese of Christ the King Cathedral:

Kenya is in East Africa, straddling the equator with an estimated population of 31,987,000. The population of Bungoma is about 60,650. Most belong to the *Bukusu* nationality group.

Bungoma diocese has 9 sub-parishes with a membership of 39,000.

950 students attend Christ the King Cathedral Academy. We support 53 students thru Adopt-A-Student.

Per capita income is about \$1600 per year or \$4.05 a day.

Malaria is quite prevalent, accounting for 36% of all deaths. Most people cannot afford preventive medicine.

Safe water is accessible to just 62% of Kenyans.

Most people are peasant farmers. They raise maize, beans, and cabbage for food and sugar cane for cash.